



# *The Ultimate Hiking Guide*

by Ryan Sims



Great Outdoors Press

## About the Author

Ryan Sims is the author of eleven books on outdoor living, including the national bestseller *Adventures in the Adirondacks*. An avid hiker and birder, he has backpacked in every state and more than twenty countries.

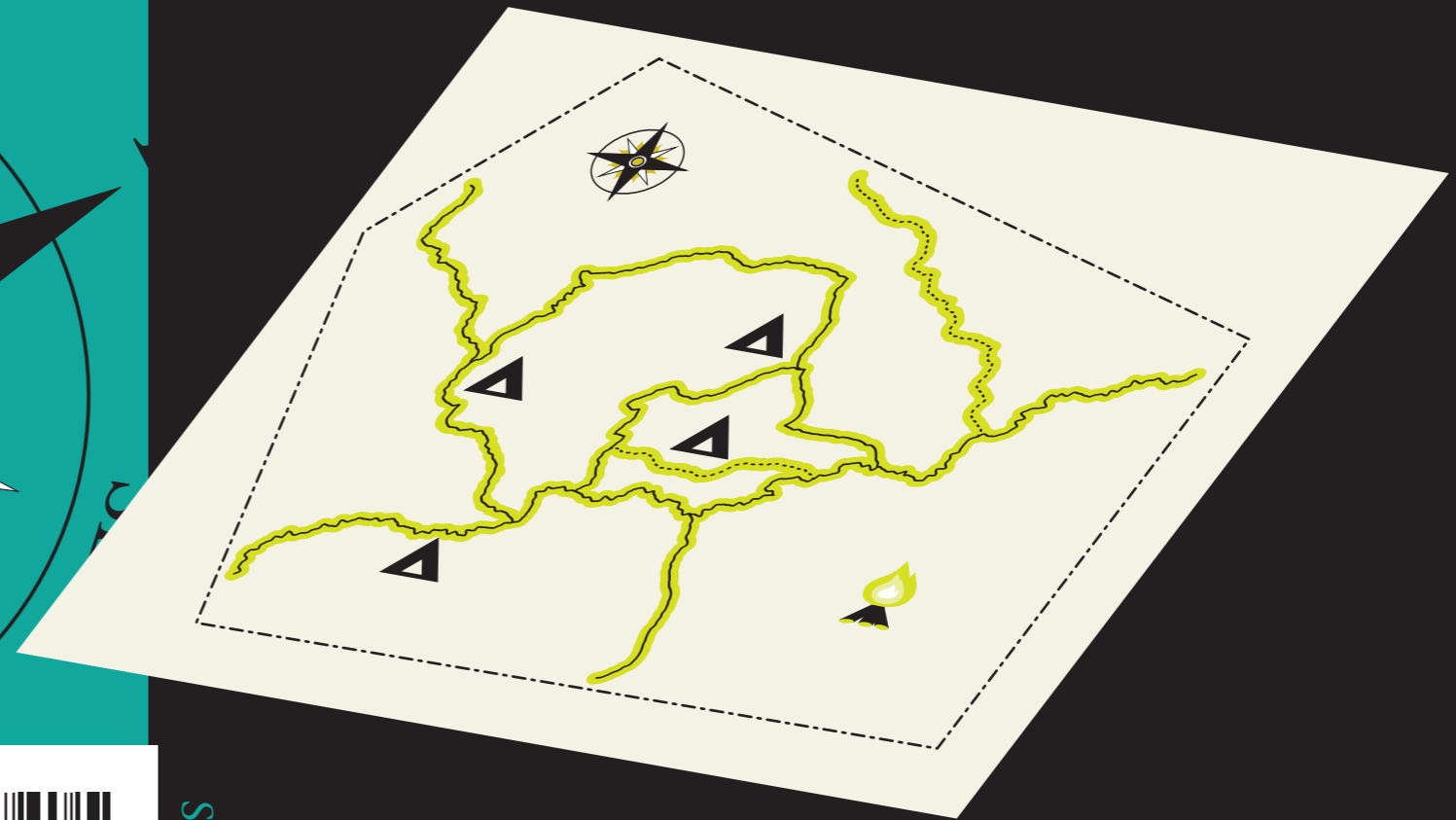
In addition to writing books, Ryan has a blog and podcast. You can follow him on social media for more tips and ideas.



The Ultimate Hiking Guide

# The Ultimate Hiking Guide

Whether you're planning the family vacation of a lifetime or just enjoy short hikes on the weekend, *The Ultimate Hiking Guide* is for you. Filled with tips from experienced hikers, rangers and other professionals, you'll gain the skills and knowledge to help you navigate all terrains safely and handle even the most difficult situations.



Sims